

26th Meeting
Paediatric Nursing Associations of Europe

Athens, Greece
Notes 5th & 6th November 2015

Attendees

Pantelis Pedikaris, President Pediatric Nurses Sector of Hellenic Nurses Association [PP] [Host]
Vasiliki Matziou, Pediatric Nurses Sector of Hellenic Nurses association [VM]
Eleni Kyritsi-Koykovlari, President Hellenic Nurses Association [EKK]
Despina Koumpagioti, Pediatric Nurses Sector of Hellenic Nurses association [Dk]
Barbara Boutopoulou, Pediatric Nurses Sector of Hellenic Nurses association [BB]
Konstantinos Petsios, Pediatric Nurses Sector of Hellenic Nurses association [KP]
Eleni Evangelou, Pediatric Nurses Sector of Hellenic Nurses association [EE]
Mavrid Fotini, Pediatric Nurses Sector of Hellenic Nurses association [MF]
Ingrid Hankes Drielsma, Dutch Association of Paediatric Nurses, Netherlands [IHD]
Alix Haentjens, Association Nationale des Puéricultrices Diplômées et des Etudiants
Orsola Gawronski, on behalf of Italian Nurses Association [OG]
Jorunn Tunby, Norwegian Paediatric Nurses Association [JT]
Katrín De Winter, Paediatric Nurses Association, Belgium [KdW]
Karen Vansteenkiste, Paediatric Nurses Association, Belgium [KV]
Jitka Voříšková, Head of the Pediatric section of the Czech Nurses Association [JV]
Ivona Mikulenková, vice President, Pediatric section of the Czech Nurses Association [IM]
Frauke Leupold, t Berufsverband Kinderkrankenpflege, Germany [FL]
Karin Bundgaard, Paediatric Nursing Association, Denmark [KB]
Connie Lindbergh Anderson, Paediatric Nursing Association, Denmark [CLA]
Fiona Smith, Royal College of Nursing, United Kingdom [FS]

Apologies

Britt Marie Ygge, Swedish Pediatric Nurses Association, Sweden [BMY]
Evalotte Morelius, Swedish Pediatric Nurses Association, Sweden [EM]
Immacolata Dall'Oglio on behalf of Italian Nurses Association [ID]
Martha Böhm, Paediatric Nurses Association, Austria [MB]
Ulli Barborik, Paediatric Nurses Association, Austria [UB]
Corry van den Hoed-Heerschop, Dutch Association of Paediatric Nurses, Netherlands [CvH]
Caroline Roberts-Quast, Dutch Association of Paediatric Nurses, Netherlands [CRQ]
Madeleine Collombier, Association Nationale des Puéricultrices Diplômées et des Etudiants [MC]
Ayse Ferda Ocakci, Turkey [AFO]
Catherine Sheridan, Irish Nurses and Midwives Organisation – INMO, Ireland [CS]
Helena Wigert, Swedish Pediatric Nurses Association, Sweden [HW]
Jane Coad, Royal College of Nursing, United Kingdom [JC]
Anne-Marie Bangels, President Paediatric Nurses Association, Belgium [AMB]
Maria do Céu Barbieri, ESEP[MCB]
Sandra Cruz ESEP [SC]
Amélia Monteiro, Ordem dos Enfermeiros [AM]
Anna Barbara Schlüer, Switzerland
Claus Sixtus Jensen, Paediatric Nursing Association, Denmark [CSJ]
Dragica Bestak, Croatia Nurses Association of Paediatric Nursing Society [DB]
Kristina Kuznik, Croatia Nurses Association of Paediatric Nursing Society [KK]

1. Welcome/introductions

EKK welcomed attendees to the meeting.

Attendees introduced themselves to each other.

It was noted that the hospital visits and the research presentations the previous day were interesting and successful:

- *Evaluating the biopsychosocial needs children with cancer have* - Adrianna Stamoulara
- *Adherence to inhaled medication in children with asthma* – Despoina Koumpagioti
- *Investigation of neuropeptides levels of pain after painful procedures in neonatal intensive care unit* – Christina Dionysakopoulou

Attendees were asked to consider action PNAE needs to take

2. Update of Paediatric Nursing in Greece

Barbara Mpoutopoulou provided an update about paediatric nursing in Greece (see attached slides). It was noted that in comparison to other countries there are approximately 3.3 nurses per 1,000 population. Key issues centre around the different levels of nurse education. Paediatric sector of Hellenic Nursing Association provides workshops, conferences and training programmes across Greece to enhance paediatric nursing knowledge and skills amongst nursing staff. Training also provided in large hospitals. Examples of initiatives include baby friendly, child friendly health care, liaison paediatric nurse, clinical educator, protocol and care pathway developments.

3. **Matters arising from notes of meeting June 2015**

3.1 *Written updates for website*

[\[http://www.rcn.org.uk/development/communities/specialisms/children_and_young_people/forums/other_forums_and_groups/paediatric_nursing_associations_of_europe\]](http://www.rcn.org.uk/development/communities/specialisms/children_and_young_people/forums/other_forums_and_groups/paediatric_nursing_associations_of_europe)

FS advised that some information had been received. Some countries had yet to advise of relevant website links, or the named contact for the website and for communication. The name of each Associations name in own language to be placed on PNAE webpage if provided and also contact email addresses if advised

Action:

- Each country to email FS the name and email address for the key contact as above and the weblink for their association – **All**
- Key contacts and weblinks to be placed on PNAE website when received – **FS**
- Key contact to cascade information, agenda's and papers within their own country/Association as required - **All**

3.2 *Update on Paediatric Nursing*

- Position statements as discussed in Rome had been revised and circulated along with a covering letter. Attendees reported that the position statements were helpful in supporting discussions and influencing at national and local level
- FL had forwarded information about the impact of paediatric nurses (see attached).

- Noted that the position statement concerning staffing level and ratio's needed to be reviewed

Action:

- Circulate staffing level position statement for review. Comments and suggested revisions to be sent to FS by **5th January 2016 – All**

3.3 *Update on PNAE congress in Porto in 2016*

Noted that colleagues in Portugal had organised Skype meetings but PNAE members of scientific committee and organising committee had been unable to participate due to short notice. Information about the congress and the website had been circulated. A complimentary place to be assigned to each country. Discussed issues concerning registration fee and the need to explore potential lower rate for block booking i.e. 5 attendees at 150 Euro each. Need to also include day delegate rate at 75 Euro. If an additional plenary speaker required Barbara Mpoutopoulou is keen to speak about implementation of child friendly initiative standards <http://www.cfhiuk.org/>

Action:

- Advise colleagues in Portugal of the need for greater advanced notification of dates/times of Skype meetings – **FS**
- Advise colleagues in Portugal of the need to identify timelines for scientific committee review of abstracts - **FS**
- Contact colleagues in Portugal with view to potential block booking at lower rate and introduction of day delegate rate – **FS**
- Advise colleagues in Portugal re additional plenary speaker suggestion – **FS**
- Each country to advise FS of name and contact details for complimentary congress place – **All**
- Advise SC of names allocated complimentary places - **FS**
- Congress in Porto to continue to be promoted <https://skyros-congressos.pt/pnae2016/index.php> - **All**

3.4 *RN4CAST, recruitment and competence of nurses*

No update provided. HW not present. Issue to be kept on agenda and collaborative research to be explored with key paediatric nursing researchers across Europe in due course

Action:

- Consider exploring potential for a similar European study in paediatrics. To be discussed further at next meeting - **All**

3.5 *Promoting collaborative children's nursing research*

Further information expected from France. To be recirculated once additional content added. Noted PNAE's role is to facilitate and encourage research in key priority areas.

Action:

- Discuss cascade at next meeting - **All**

3.6 *Education programmes: mapping of learning outcomes*

KdW and KV updated attendees on work and activity. Validation agreed for indicators. Learning outcomes used in Belgium. Concerns in Belgium regarding direction of nurse education. Will take issues forward regarding definition of paediatric nursing and application in Belgium

4. **Do Not Resuscitate orders**

Discussed draft statements provided by JC. Noted that statements needed further work to develop a national level survey rather than individual practitioner level

Action

- Draft survey to be prepared for review prior to circulation – **FL/IHD**
- Item to be placed on next PNAE meeting agenda – **FS**

5. **Transition of children and young people to adult services**

FS presented findings and draft position statement. Some minor amendments and additional definition to be added.

Action

- Finalise position statement, summary of findings and circulate with covering letter – **FS**
- Place final position statement and summary of findings on PNAE webpage – **FS**

6. **Caring for sick children and young people at home and in the community**

Revised draft survey discussed following amendments to terms at previous meeting. Draft agreed. It was recognised that there may need to be follow up surveys dependent on the initial findings yielded.

Action

- Survey to be circulated to PNAE representatives – **FS**
- Survey to be completed and returned within set timeline - **All**
- Presentation of findings at next PNAE meeting – **FS/FL**

7. **Home ventilation for children across Europe**

Draft survey discussed.

Action

- Survey to be circulated to PNAE representatives – **FS**
- Survey to be completed and returned within set timeline - **All**
- Presentation of findings at next PNAE meeting – **IM/FS**

8. **Indicators and health outcomes**

Discussed indicators and health outcomes. Noted the need to revised previous position statement in respect of clinical and service quality indicators

Action

- Circulate position statement as noted above – **FS**
- Review position statement - **All**
- Include on next meeting agenda for discussion - **FS**

9. Influencing stakeholders

Attendees discussed the use of PNAE position statements to influence national policy and local practice. Noted the need to engage parent organisation and other associations in influencing Ministers. Difficulties occur where responsibilities bridge several ministers and government departments. Recognise the need to forge coalitions to raise issues.

10. Shortage of nurses across Europe

Issues discussed including the ageing nursing workforce and the low value of nurses in many countries across Europe. In countries such as Greece there are many nurses being trained but a lack of employment opportunities. Many of these individuals are travelling abroad to work. In France there is variation between the regions. In other countries such as the UK and Netherlands for example there are marked shortages. There is no lack of individuals who wish to train as paediatric (children's) nurses in these countries. In countries such as Denmark nurses are highly valued and well paid. In Germany nurses are appreciated by the public but wages are low. There is a shortage of paediatric nurses including for intensive and neonatal care areas.

11. School nursing & children and young people with special needs

FL reported that there was a move in Germany to include children with special needs in mainstream schools. It was noted that such a move had previously occurred in countries such as the UK and Netherlands. In these countries and in others such as France assistants were being employed to support teachers in schools. In countries such as Denmark and Norway nurses working in schools undertook a 1 year public health nursing programme within a 0-19 year approach. In Greece, Czech Republic, Italy and Belgium nurses from hospitals educate teachers and classroom assistants about a child's condition.

12. Immigration & refugee situation and implications for paediatric nursing in Europe

Attendees discussed the situation across Europe. Noted that there were challenges across Europe including the impact on health services.

13. Any other business

Noted that Croatia had expressed interest in hosting a future PNAE meeting in 2019

Greece shared proposal for future PNAE congress. Agreed for Greece to organise PNAE congress and PNAE meeting in May 2018

PP, VM and colleagues thanked for the organisation of the meeting and cultural and social programme.

Discussed *ESNO clinical specialist nurses statement* which had been received, FS reported that ESNO were holding a meeting at the same time as PNAE. Attendees at PNAE meeting were clear that paediatric (children's) nursing is a field of practice and that examples of specialists in the field include paediatric intensive care nurses, paediatric diabetes nurses and paediatric respiratory nurses

Action

- Write formally to ESNO to make the position of PNAE clear and to forward position statements accordingly - **FS**

Future agenda items

- Teenage pregnancy nurses
- The role of telemedicine and technology

Additional items to be sent to FS in advance of meetings – **All**

Notification and responding to emails within requested timeline

FS asked for all PNAE representatives to keep to set timelines for responses and notifications. It was noted that information is required by hosts well in advance so as to aid planning and preparation

Action

- PNAE members to respond to requests, notifications and to return information within set timeline - **All**

14. Future meeting dates/venues and locations

- 25th May, 2 day congress 26th & 27th May 2016 – **Porto, Portugal**
- 8th and 9th December 2016 – **Paris, France**
- 30th and 31st March 2017 – **Istanbul, Turkey**
- Mid-end October 2017 – **Reykjavik, Iceland**
- May 2018 including 2 day Congress – **Athens, Greece**
- Autumn/Winter 2018 – **Czech Republic**
- Spring 2019 – **Naples, Italy**
- Autumn/Winter 2019 - **Croatia**

Action:

- Advise FS of attendance at the May 2016 meeting- **All**

Please advise FS if you are interested in hosting a meeting - all

PNAE meetings are held in different venues/countries to enable as many representatives from Paediatric Nursing Associations/National Nursing Associations to attend and participate in activities. We appreciate that financial implications of travel and accommodation may prevent several members from attending PNAE meetings. If your country has not yet attended a PNAE meeting but you would be interested in hosting a meeting in your Nursing Association/Country please contact Fiona Smith – Fiona.smith@rcn.org.uk ASAP

15.25 Meeting closed.

NOTE

- If documents are circulated with request for comment/agreement and no response is received it will be assumed that there is agreement.
- ***Please ensure receipt of emails is confirmed.***