

29th Meeting
Paediatric Nursing Associations of Europe

Naples, Italy
Notes 28th April 2017

Attendees

Ciro Carbone, President Nursing College of Naples [CC] [Host] *for presentations*
Mariagrazia Greco, member of Council, Nursing College of Naples and Director of Nursing Programme [MG] [Host] *for presentations*
Teresa Rea on behalf of Italian Nurses Association [TR] [Host] *for presentations*
Orsola Gawroski on behalf of Italian Nurses Association [OG] [Host]
Immacolata Dall'Oglio, on behalf of Italian Nurses Association [ID] [Host]
Caoralie Cadene Pereira, Association Nationale des Puéricultrices Diplômées et des Etudiants [CCP]
Kristina Kuznik, Croatian Nurses Association of Paediatric Nursing Society [KK]
Dragica Beštak, Croatian Nurses Association of Paediatric Nursing Society [DB]
Ayse Ferda Ocakci, Turkey [AFO]
Vasiliki Matziou, President Hellenic Paediatric Nursing Association [VM]
Barbara Boutopoulou, General Secretary Hellenic Paediatric Nursing Association [BB]
Efrossini Vlachioti, Hellenic Paediatric Nursing Association [EV]
Jitka Voříšková, Head of the Pediatric section of the Czech Nurses Association [JV]
Ivona Mikulenková, vice President, Pediatric section of the Czech Nurses Association [IM]
Caroline Roberts-Quast, Dutch Association of Paediatric Nurses, Netherlands [CRQ]
Ingrid Hankes Drielsma, Dutch Association of Paediatric Nurses, Netherlands [IHD]
Lina Pereira President of the Professional Specialty College of Infant Health and Paediatrics Nursing, Ordem dos Enfermeiros, Portugal [LP]
Mrs Sofia Abreu Secretary of the Professional Specialty College of Infant Health and Paediatrics Nursing, Ordem dos Enfermeiros, Portugal [SA]
Fiona Smith, Royal College of Nursing, United Kingdom [FS]

Apologies

Jane Coad, Royal College of Nursing, United Kingdom [JC]
Martha Böhm, Paediatric Nurses Association, Austria [MB]
Ulli Barborik, Paediatric Nurses Association, Austria [UB]
Anna-Barbara Schlüer, Switzerland [ABS]
Catherine Sheridan, Irish Nurses and Midwives Organisation – INMO, Ireland [CS]
Jorunn Tunby, Norwegian Paediatric Nurses Association [JT]
Karin Bundgaard, Paediatric Nursing Association, Denmark [KB]
Conni Andersen, Paediatric Nursing Association, Denmark [CA]
Helena Wigert, Swedish Pediatric Nurses Association, Sweden [HW]
Frauke Leupold, Berufsverband Kinderkrankenpflege, Germany [FL]
Katrin De Winter, Paediatric Nurses Association, Belgium [KDW]
Karen Vansteenkiste, Paediatric Nurses Association, Belgium [KV]
Corry van den Hoed-Heerschop, Dutch Association of Paediatric Nurses, Netherlands [CvH]
Dr Eleni Kyritsi-Koukoulari, President Hellenic National Nurses Association (HNNA) & Advisor Paediatric Nurses Sector [EKK]
Mrs. Mania Kasnaktsoglou, General Secretary of President Hellenic National Nurses Association (HNNA) [MK]
Mrs. Fragkoula Efstratiou, President of Paediatric Nurses Sector of HNNA [FE]

1. **Welcome/introductions**

FS thanked colleagues in Italy and in Naples for organising at short notice the PNAE meeting. PNAE members were extremely grateful to the Italian Nursing Association and the Nursing College in Naples for hosting and organising the meeting

Attendees expressed thanks to all involved in the visit to the Santobono Hospital and to Angela Capuano, Franca Sarracino, Pamela Muoro and Francesca Smiraglia who made presentations the previous day on the use of drones for transport of blood between the Santobono Hospital and Pausillipon Hospital; Neonatal Comfort Care and Slow medicine (see attached)

Dr. Ciro Carbone had welcomed attendees to Naples the previous day. OG welcomed all to day 2 of the programme and introduced presenters from Italy.

2. **Priorities for Paediatric Nursing in Italy**

MG highlighted the key issues affecting paediatric nursing (see attached). These include increasing awareness, difficulties in paediatric nurses being employed, the management of young adults in paediatric hospitals and the management of children in hospitals for adults. It was noted that many organisations prefer to employ adult nurses as they can be moved around onto different wards.

Currently there are 13,000 paediatric nurses. Programmes in place which enable nurses to be educated as paediatric and adult nurse. The focus has been on the development of clinical and managerial competencies. It was noted that adult nursing programmes there is only 20-30 hours of theory and 20-30 hours of practice focused on children and young people.

In discussion about the different routes of preparation across Europe all attendees agreed about the need for paediatric nurses and the need for any nurse caring for children and young people to acquire paediatric knowledge and skills to meet the child/young persons needs.

3. **Family Nursing Project**

TR highlighted the development and pilot of the new role of 'Family Nurse' (see attached presentation). The development had been instigated as part of service changes with the closure of health centres which resulted in an increase in attendees at emergency departments and waiting times to be seen. The role of the Family Nurse working alongside paediatricians in primary and community care settings is focused on prevention, long term condition and complex health care needs management and the facilitation of discharge from hospital settings. The intention is to have in place 50 Family Nurses in primary care, with a 6 month programme developed to educate nurses to undertake the role.

4. **Matters arising from notes of meeting December 2016**

- 4.1 IHD highlighted the importance of responding to requests for completion of surveys within set timelines, as well as being courteous in responding in a timely manner regarding attendance at meetings. This was crucial for hosts to organise venues, hospital visits and catering etc. IHD noted that responses had been variable over recent times.

4.2 *Written updates for website*

http://www2.rcn.org.uk/development/communities/specialisms/children_and_young_people/forums/other_forums_and_groups/paediatric_nursing_associations_of_europe]

FS advised that PNAE information will move from the old site (above) to the new site <https://www.rcn.org.uk/get-involved/forums/children-and-young-people-professional-issues-forum/children-and-young-people-professional-issues-forum-home/paediatric-nursing-associations-of-europe> by the end of May 2017. FS asked if all countries could check the contact information on the old site so that the correct information is included on the new site.

Action:

- Each country to check the name and email address for the key contact as above and the weblink for their association and advise FS if information needs amending – **All**
- Updates to key contacts and weblinks to be placed on PNAE website when received – **FS**
- Key contact to cascade information, agenda's and papers within their own country/Association as required - **All**

4.3 *Congress 1st and 2nd June 2018 in Athens*

VM and BB presented update on activity related to the congress in 2018 (see attached). Anticipate 200-250 attendees and 100 students. PNAE meeting will be on 31st May and an optional visit to Greek islands to be scheduled for 3rd June 2017. A drinks reception will be held on 1st of June and a gala dinner will be held on the 2nd June. Discussed potential of day delegate rate if attendees wished to attend for a single day. Noted outline programme and suggested the following to be considered by the scientific committee:

- IM and FL to speak about PNAE work concerning community nursing and long term ventilation in community settings
- IHD to speak about PNAE work concerning palliative care
- Maria Brenner to be invited as a keynote speaker about European models of child health project: nursing perspective

In addition IDO suggested a topic 'Issues for children and young people from humanitarian scenarios' (children that may be from war torn parts of the world – it maybe that there is a good speaker in Greece who would be able to address this topic); IHD suggested 'Transformative trauma informed care in neonates'. Ingrid can suggest a good speaker but she is expensive.

In terms of potential workshops of a practical nature the following suggestions to be considered by the scientific committee:

- Assessing children and young people
- Resuscitation
- Family and child satisfaction tools
- Education of parents/caregivers and families

It was noted that FS and PNAE representatives are unable to provide a list of all members of the country member associations due to data protection legislation. PNAE representatives to continue to promote the conference and to highlight to

members to email address to register for information and updates about the conference.

Action

- Place information about accommodation on the congress website as soon as possible - **Congress organising company**
- PNAE representatives to promote the conference in their country and to highlight call for abstracts at periodic intervals – **all**
- PNAE representatives to advise VM of potential sources of sponsorship - **all**
- Send out regular updates to FS and those who register expressions of interest in receiving updates - **Congress organising company**
- Review draft letter to invited speakers – **FS**
- Consider suggestions for keynote and invited speakers – **scientific committee**

Post meeting note: information about hotels and accommodation will be placed on the congress website after 15th June 2017

4.4 RN4CAST, recruitment and competence of nurses

Discussed issues.

United Kingdom

FS reported that Scotland and Wales were establishing legislation concerning minimum staffing levels and that work in England is underway to set guidance regarding safe and sustainable staffing in children's inpatient areas.

A review of standards for undergraduate nursing education programmes is underway.

Netherlands

IHD reported that there are national standards in place for paediatric nurses (clinical and community), with minimum paediatric content within undergraduate general nursing education programmes. The staffing levels in PICU and NICU are in line with PNAEs position statement.

Czech Republic

IM reported that there is legislation on staffing levels and education but that due to a shortage of nurses the government has introduced changes to nurse education which the nursing association did not agree with. The ministry of health and other key stakeholders however recognise the need for specific education and training for paediatric nursing.

Italy

IDO advised there was no legislation regarding staffing levels and the competence of nurses. The issue is a core discussion point within the profession. There is an RN4Cast study underway across paediatric hospitals in Italy. Caution has been raised in respect of time and motion perspectives and the introduction of skill-mix. It was noted that in Italy there is an increase in nurses acquiring masters and PhDs.

Croatia

KK reported that there are many differences regarding basic education and different programmes for nurses, with a lack of consistency across Croatia.

Portugal

SA reported there had been no change in legislation. However a project has commenced to change the structure of the speciality, with an increase in the range of competencies in paediatrics including palliative care and neonates.

France

CC reported that nurse education is 3 years as a general nurse, followed by 1 year of specialisation for paediatric nurse (incl. management, paediatric, neonatal, community and kindergarten). The Association is currently working on the development of a Masters level programme which would encompass 3 years for a general nurse and 2 years to become a paediatric nurse (incl. management, paediatric, neonatal, community, kindergarten and advanced practice). Are waiting for government approval. CC highlighted that paediatric nurses have a higher salary than general nurses.

Action:

- Highlight the need for similar workforce study in paediatrics to researchers in each country – **All**
- To place workforce and recruitment on the agenda as a regular item – **FS**
- To consider review and update of nurse education for paediatric nursing position across Europe in 2018

4.5 *Promoting collaborative children's nursing research*

Noted PNAE's role is to facilitate and encourage research in key priority areas.

Action:

- Cascade current compilation to each PNAE representative - **FS**
- To cascade to lead nursing researchers in each country once received –**All**

5. **Palliative care**

IHD presented final findings from postal survey as FL unable to attend (see attached). It was noted that there was considerable variation and differences across countries and within countries. There are some good areas but there is a mixed picture overall. Key issues related to resources, funding and networks. Draft position statement discussed. Amendments needed highlighted.

Action:

- Amend draft position statement by end May 2017 – **IHD**
- Circulate amended position statement to PNAE representatives for final comments by end June 2017 - **FS**
- Position statement to be approved at October PNAE meeting – **All**

6. **Caring for sick children and young people at home and in the community –**

Position statement discussed and agreed.

Action:

- Circulate position statement and covering letter to PNAE representatives – **FS**
- Translate and circulate to key stakeholders - **All**

7. **The Health of child immigrants**

CRQ highlighted key findings from studies and literature (see attached). Key questions to be discussed at the next meeting:

- Should PNAE be doing something?
- What is our own knowledge on this subject?
- Should PNAE members create awareness? How?

- Do paediatric nurses come into contact with this population group of children?

Action:

- Consider the questions above and prepare response for discussion at the next meeting - **All**

8. **Models of child health appraised (MOCHA) project**

Unfortunately Maria Brenner was unwell and therefore unable to attend.

Action:

- Invite to speak at the next meeting in Iceland - **FS**

9. **Childhood immunisations and vaccinations**

IHD presented the findings from PNAE enquiry in 2016 (see attached). It was noted that changes had occurred since. For example Portugal and Czech Republic now do not give BCG universally but only to high risk groups. Noted that there has been outbreaks of measles in some places. Discussions being held in some countries about acceptance at school entry if immunisation and vaccination completed. Noted that rotavirus not yet part of the programme in Portugal but many parents are choosing to pay for rotavirus and meningitis vaccine on the advice of paediatricians.

10. **Advanced Nursing Practice**

FS highlighted issues for consideration. Attendees agreed there is a need to identify what is happening in respect of children and young people in respect of primary care and inpatient care

Action

- Draft questions for PNAE survey for discussion at next meeting - **FS**

11. **Any other business**

Pain Management and assessment

- Share pain management resources and assessment tools in use in your country - **all**

Potential for pan European standards of care/evidence based protocols

- Issue to be discussed at forthcoming meeting

PNAE meeting in Iceland

- Provide support to colleagues in Iceland - **IM**
- Look at travel and accommodation options asap – **all**

Future agenda items

- School nursing – **SA**
- Standards of care and evidence based protocols – **IHD**
- Shared record keeping between nurses and families - **IDO**

Notification and responding to emails within requested timeline

FS asked for all PNAE representatives to keep to set timelines for responses and notifications. It was noted that information is required by hosts well in advance so as to aid planning and preparation

Action

- PNAE members to respond to requests, notifications and to return information within set timeline - **All**

12. Future meeting dates/venues and locations

- 19th and 20th October 2017 – **Reykjavik, Iceland**
- 31st May(PNAE meeting), 1st and 2nd June 2018 Congress, 3rd June optional Greek Island trip – **Athens, Greece**
- Autumn/Winter 2018 – **Prague, Czech Republic**
- Spring 2019 – **Madera? tbc**
- Autumn/Winter 2019 – **Croatia**
- **TBC** Spring 2020 including 2 day congress – **Estonia**
- Autumn/Winter 2020 - **Belgium**

Action:

- Discuss venues and dates of future meetings at each meeting - **All**
- Advise FS of attendance at the October 2017 meeting- **All**

Please advise FS if you are interested in hosting a meeting - all

PNAE meetings are held in different venues/countries to enable as many representatives from Paediatric Nursing Associations/National Nursing Associations to attend and participate in activities. We appreciate that financial implications of travel and accommodation may prevent several members from attending PNAE meetings. If your country has not yet attended a PNAE meeting but you would be interested in hosting a meeting in your Nursing Association/Country please contact Fiona Smith – Fiona.smith@rcn.org.uk ASAP

15.15 Meeting closed.

NOTE

- If documents are circulated with request for comment/agreement and no response is received it will be assumed that there is agreement.
- ***Please ensure receipt of emails is confirmed.***