



# Nursing and pediatric care in the Czech Republic

# Education of pediatric nurses

- Has long tradition, the qualification education at the high/secondary nursing school was discontinued after 1990
- Then conducted at nursing colleges (3 year post-secondary diploma programs), discontinued in 2000
- Currently only as post-graduate program (after 3 years of working in a pediatric department) – very long
- Program for pediatric nurses at BA level doesn't exist
- New nurses in the pediatric wards are general care nurses without any detailed knowledge/placements in pediatrics

# Current trends in Czech pediatrics

- Short term hospitalization (1-3 days)
- Highly specialized care provided in specialized centers (oncology, cardiology, burns)
- Focus on pain prevention (invasive procedures) and proper pain management
- Use of the most current examination methods and nursing interventions in a very short time Jsou zaváděny všechny nejmodernější vyšetřovací metody a ošetrovatelské intervence v nejkratším možném čase
- Active participation of the children in their treatment and decision making (based on their developmental level)
- Big role of the professional organizations in the development of pediatrics

# Present situation in Czech pediatrics

- The Bill of Rights of Hospitalized Children – fulfilling all of the Rights
- Environment in pediatric wards - Baby friendly hospital – optimistic, age appropriate, friendly
- Many neonatology departments received the award Baby friendly hospital
- Hospitalization with a parent is recommended as often as possible (kids up to 3 years in 95%, 3-6years 70%, older kids 30%)
- If the hospitalization with a parent is not possible, visiting hours are not restricted (including ICU)
- In some units – play therapists
- Only in some units – teachers

# Present situation in Czech pediatrics

- Mental preparation of children for invasive procedures (preparation performed by nurses and play therapists)
- Kiwanis dolls
- Majority of Czech pediatric units cooperates with „health clowns“ – make people laugh
- Children requiring hospitalization should be hospitalized in a pediatric ward

# Present situation in Czech pediatrics

- CPD of nurses - important
- Institutional standards of care are used but unfortunately not national standards
- Nurses – health education of children outside of hospitals (e.g. WHO – kinder gardens – Clean hands)
- Prevention of abuse (reporting suspicions, cooperation with the Social Welfare Office)

# Problems

- Education of pediatric nurses
- Missing national standards of care
- Insufficient staffing in many pediatric wards
- Insufficient numbers of other staff – teachers, psychologists, play therapists.
- Volunteers in pediatric wards are not common
- Language barrier
- Missing long term chronic intensive care units for clients who can not be treated at home

# Děkuji za pozornost

