



*Eesti Õdede Liit*  
Estonian Nurses Union

# Estonian Nurses Union

- Founded in 1923
- We operate under the non-profit association and union law
- The purpose of the ENU is to develop nursing for the health of the population and the protection of the rights and interests of its members at the workplace and nursing profession all together

## **ENU members**

- Active working members – approximately 3200
- Seniors, students, honorary and mentor members – approximately 600

## **ENU belongs to international organizations**

- **ICN** - International Council of Nurses
- **EFN** – European Federation of Nurses Associations

## **ENU management structure**

- **Congress** – at least every five years
- **Council** – between congresses, the general meetings perform tasks and direct the activities of ENU
- **Board** – the implementation of the congress and council decisions, that is, the day-to-day management of the organization and organizing organization activities

## **Speciality associations**

- Mental health nursing
- Clinical nursing
- Intensive care nursing
- Health nursing
- Dental nursing
- Care workers
- Undergraduate nursing

## **ENU board continuous activities (1)**

- The development of the national health system
  - Ministry of Social Affairs
  - Estonian Health Insurance Fund
  - working groups in cooperation with different stakeholders
- Salary negotiations in cooperation with Estonian Physicians Union and Association of Health Professionals

## **ENU board continuous activities (2)**

- Development of nursing education
  - Participate in higher education nursing curriculum councils
- Training for members
- Publication of “Eesti Õde” magazine
- Supporting partnerships of professional society
- Assessment of competence
- Website, FB page and interweb administration



## **Main short-term goals**

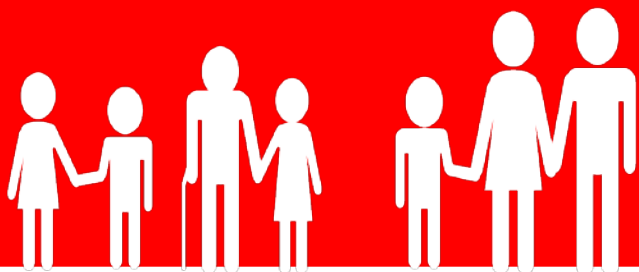
- Applying 3N (NANDA, NIC, NOC) in Estonia
- Extension of the rights to nurses prescribing medicine
- Advanced Nurse Practitioner (ANP) curriculum support and cooperation of health institutions of higher education
- Introduction of the ANP to legal regulations

# EESTI ÕENDUSE JA ÄMMAEMANDUSE ARENGUSTRATEEGIA

Nursing and Midwifery  
Development Strategy

2021–2030

ÜHISED SAMMUD TERVISENI



## **Nursing and Midwifery Development strategy 2021-2030**

- The third strategic agreement between the two professions
- Began with the evaluation of the previous strategy period
- Work started in 4 working groups at 2019: practice, management, education and research

## **Areas of the strategy 2021-2030**

- Human-centeredness
- Health promotion
- Availability of healthcare services
- Quality of nursing and midwifery services
- Documentation of nursing and midwifery activity
- Human resources
- Lifelong learning

## **The most important goals of the strategy**

- Catching up with the EU average, ensuring 9 nurses per 1,000 inhabitants (today 6.3)
- To employ advanced practice nurses as independent specialists
- The life expectancy and healthy life years of Estonian people are growing
- Health inequalities (between genders, regions and levels of education) are declining

## **Organizations involved**

- Estonian Nurses' Union
- Estonian Nurse Directors Association
- Estonian Midwives Association
- Ministry of Social Affairs
- Estonian Health Insurance Fund
- Health Board
- Tallinn Health Care College
- Tartu Health Care College
- University of Tartu, Department of Nursing Science