

**Action grid incorporating notes of the Paediatric Nursing Associations of Europe (PNAE) <https://pnae.eu/>
40th Meeting in person hosted by Belgium 4th and 5th October 2022**

Attendees: PNAE member name and surname	Initials	Member Country	Nursing Association
Jane Coad	JC	United Kingdom	Royal College of Nursing / Co-ordinator of PNAE
Immacolata Dall'Oglio	IDO	Italy	Italian Nursing Federation / Deputy Co-ordinator of PNAE
Jean Angela Davies	JAD	United Kingdom	Royal College of Nursing / PNAE Secretary
Signe M. Bandlen	SMB	Norway	Pediatric Nursing Association of Norway
Katrin De Winter	KdW	Belgium	NVKVV
Karen Vansteenkiste	Kv	Belgium	NVKVV
Ellen De Wandeler	EDW	Belgium	President NVKVV
Meike Caelen	M	Belgium	NVKVV
Kristina Kuznik	KK	Croatia	Croatian Nursing Association, Paediatrics Society
Elizabeta Kraj Kovačić	EKK	Croatia	Croatian Nursing Association, Paediatrics Society
Karin Bundgaard Nielsen	KBN	Denmark	Danish Nursing Association
Anette Lund	ALL	Denmark	Danish Nursing Association
Oddny Kristjnsdóttir	OK	Iceland	Icelandic chapter of Children's nursing
Orsola Gawronski	OG	Italy	Italian Nursing Federation
Ingrid Hankes Drielsma	IHD	Netherlands	Dutch Nursing association
Jacobien Wagemaer	JW	Netherlands	Dutch Nursing association mother and child
Katarina Patriksson	KP	Sweden	Swedish Association of Pediatric Nurses

New email addresses: Norway nestleder@bärnesykepleierforbundet.no Sweden katarina.patriksson@hv.se Iceland Oddnyk@landspitali.is Croatia ekkovacic@yahoo.com

Apologies noted from: Siret Läänelaid (Estonia), Vasiliki Matziou and Barbara Boutopoulou Greece Hellenic Paediatric Nursing Association, Catherine Sheridan Ireland Irish Nurses and Midwives Organisation, Ivona Czechoslovakian Nurses, nurses from Portugal

4th October 2022

Welcome to Casino Kursaal Oostende- Katrin de Winter and networking with the Flemish nurses.

Welcome to existing and new PNAE members, meeting advice, introductions and member information JC

A warm welcome to new members.

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- 1. Nursing in Belgium:** President Ellen de Wandeler, Katrin de Winter and Karen Vansteenkiste welcomed everyone and gave excellent and interesting presentations about nursing in Belgium. The emphasis is on working together as done by the Nurses Association from Belgium (<https://www.netwerkverpleegkunde.be/>) and being sensitive to the languages spoken by the population of Belgium, Flemish, French and German.

A law was passed in Belgium on the 22nd of April 2019 regarding the quality of healthcare practice and the standards of nurse training required to comply with this legislation. Moreover the law described the legal framework of the Verpleegkundig Specialist (VS)/ Infirmier de pratique avancée (IPA) and it is in Belgium an important step forward in the evolution of the nursing discipline in general, and the recognition of Advanced Practice Nursing specificity.

The presentations will be made available on the PNAE website <https://pnae.eu/>

Members asked questions in relation to nursing and nurse education in Belgium

Discussion:

A great deal of work is being undertaken to enhance the nursing service provision and nurse education in Belgium.

- 2. Previous notes and matters arising** from online meeting hosted by Norway on the 25th of May 2022 JC
 - Jane Coad thanked the team from Norway
 - PNAE members must send any comments about notes and corrections for action prior to the next meeting.
 - PNAE member updates on one power point slide must be sent to Immacolata for uploading to the PNAE website <https://pnae.eu/> at least one week prior to PNAE meetings.
 - The notes of the PNAE meeting on the 25th of May 2022 were agreed as an accurate record of that meeting.
- 3. Updates from members including impact of:**
 - Workload and workforce: Staffing levels, recruitment and retention of suitably qualified staff- these issues will be further discussed at the next meetings

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- Impact on children and families of the war in the Ukraine
- Ongoing impact of COVID-19 disease and Long COVID on children and families

The PNAE members discussed the previous matters arising: the general problems are very similar among all the countries. The work load and workforce within paediatric settings are issues which are crucial for almost all the countries. The problems are not only related to the Coronavirus Pandemic and COVID-19 restrictions, but were also identified previously. The resources allocated to the healthcare systems and to the Nursing Profession were inadequate and left nurses feeling undervalued. A solution to the problem for many countries is to recruit nurses from developing countries without considering the professional education and the cultural and language differences within this workforce. This could present a risk to patient safety and the quality of nursing care especially to the paediatric population. Moreover, there is an ethical issue regarding the risk of depleting the nursing workforce in the developing countries and leaving the populations without safe and appropriate nursing services.

PNAE agreed to provide a position statement on this issue which will assist the members of each country to explore their relevant local policies.

- Jane Coad informed PNAE colleagues about the meeting she had with European Area WHO about long COVID in children.
- Another issue arose regarding the risks to the protection of the migrant paediatric populations from Ukraine and other countries where war and conflict are present. The poor economic, social and health settings add to the current risks of harm for children and their families.

12:30- 13:30 Lunch, networking, visiting the sponsors stalls and arranging social meetings.

Congratulations to the organisers on the high standard of catering and hospitality.

Resumption of the meeting, discussion and individual presentations.

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4. PEWS utilisation in paediatric hospitals in Europe, a collaborative survey with ESPNIC and PNAE- OG

Early Warning Systems – Update on the work being undertaken regarding Early Warning Systems available for use in European hospitals. A survey was undertaken from September 2021 to April 2022 and 197 responses were received, the final results are due in December 2022. The participation of PNAE members in the survey was discussed and the members who facilitated the collection of the data will be cited as members of the research Group and will be acknowledged in the future report. It appears that PEWS is still not universally utilized in Europe and an analysis will be undertaken in the future regarding PEWS utilization across the European regional area.

5. Members' suggestions for future research – The members discussed possible topics for future research: Impact of long COVID in children; The children's nursing workforce, advanced practice in paediatrics, drawing on the qualitative data PNAE collected in 2021.

6. PNAE work schedule: Proposals and Updates

Each country provided an update on their current work and children's nursing services.

7. Any other business

- Update and synthesis on MOCHA recommendations: the main results of MOCHA study and recommendations were presented (slide available on the PNAE website). The PNAE members agreed that Immacolata will contact Maria Brenner who previously presented the European project (30th PNAE meeting in Iceland) in order to evaluate the possibility and opportunity to provide any update. This may assist PNAE members to discuss and explore the role of the paediatrician in the community setting and the value of co-working and the support of paediatric nurses.
- Update on the impact of long COVID on children and their families, Jane is attending key meetings and will keep PNAE updated on progress
- Impact of workload on the workforce, nurses are experiencing exhaustion and stress: A discussion followed the presentation on this topic and all members expressed concern regarding these issues. PNAE members can access the link to the UK RCN survey; [Nursing Under](#)

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[Unsustainable Pressure | Publications | Royal College of Nursing \(rcn.org.uk\)](#). This may assist members to decide which elements from the results are relevant to PNAE. The survey is available to PNAE members, and they can provide feedback on the issues they wish to explore in more detail at the next meeting. The PNAE vision for the children's workforce will be discussed along with how to improve university recruitment of students to the children and young people's Bachelor of Nursing and post graduate degrees and specialization.

- Update on the survey of Paediatric Sepsis recognition across Europe; (Catherine Sheridan could not participate at the meeting and the issue will be re-presented at the next meeting).
- Resources and information packages for children and families, nurses, aid workers and volunteers impacted by the war in Ukraine; There are several resources identified by PNAE members and it was agreed that it would be very difficult for PNAE to collate all the information. Relevant resources are already accessible from many websites (e.g., the World Health Organisation and UNICEF). PNAE members concluded that members from each country will signpost their colleagues to the most relevant resources for their services and their staff who care for children and their families.

Future meetings: host countries, dates and venues.

- Spring 2023 – The meeting will be online hosted by Sweden on the 10th of May.
- Autumn 2023 – **Rome, Italy, 28th and 29th of September, includes the 6th PNAE Congress. On 27th of September, PNAE meeting.**
- Immacolata updated PNAE members about the organization of the 6th PNAE Congress in Rome in September. The topics have been shared (will send to the PNAE members again by email), the composition of Scientific and Organizational Committees will be confirmed. The Italian Federation of Nurses (FNOPI) is arranging all the organization and a local Organizing Committee is agreed. PNAE members will be asked to propose keynote speakers to present on the main topics of the Congress. The first deadline for abstracts is planned for the 10th of January 2023.

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- Spring 2024 or Autumn 2024– **Dublin, Ireland online or in-person** (date to be confirmed).
- 2024 and 2025- To be agreed- Volunteers required to host these meetings.

JC thanked everyone, especially new members for their attendance and valuable contributions

Next meeting will be hosted by Sweden online on the 10th of May 2023

Wednesday 5th October 2022

On the morning of the 5th of October, PNAE members were pleased to hear two interesting presentations from two advanced nurse practitioners from Belgium. The first presentation was from Meike Caelen who discussed the strategies and interventions for the prevention and reduction of pain and discomfort in children undergoing clinical procedures.

The second item was presented by Renke Peeters, Nurse specialist in paediatric oncology at University hospital, Antwerp. Renke discussed a project for the Patient record optimisation for patients within the complex setting of Onco-haematology care. PNAE members are very grateful to Renke and Meike for organising the presentations and for sharing their important and innovative practice with the group.

During the afternoon, PNAE members visited the Mother-Child Department of the General Hospital in Bruges. This hospital is in a new building (2019) and the neonatal and paediatric units are implementing innovative practice, for example, the designated, comfortable distraction room to assist children to cope with painful or distressing procedures. PNAE members were able to discuss clinical practice and the organisation of services with colleagues from the hospital. The PNAE members who attended the hospital meeting were very grateful to all the staff within the hospital departments.

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Action number	Action required	Responsible member/s	Target date	RAG status
Action 1	All to check named person details on website. Elizabeth needs changing, Signa please send IDO the necessary new information. JC to contact Catherine Sheridan regarding Ireland. All to send corrections to IDO.	All	07/11/2022	Red
Action 2	PNAE undertook a country review and members listed below agreed to contact the following countries: France, Luxembourg and Spain- Katrin Germany and Czechoslovakia - Ingrid Latvia and Lithuania – Jane Coad Poland and Switzerland - Orsola Finland - Helena Slovenia - Kristina Immacolata- Ukraine Still outstanding - Bulgaria. Romania. Malta. Monaco. Slovenia. Please ALL try to make some new contacts and send to PNAE leadership team by email. JC drafting an introduction with leadership team, which will then be sent out to contacts.	All named in action required	07/11/2022	Red
Action 3	Next PNAE. Sweden agreed, online. Proposed date – May 10 th , 2023,	Coordination team	10/05/2023	Green

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Action 4	Next PNAE meeting. Agreed slide per country will be around workforce issues . Template of slide attached. JC will start a statement for PNAE website on workload and circulate to group for comment.	All JC	30/04/2023 30/11/2022	Amber
Action 5	JC to contact Catherine on Sepsis work.	JC	07/11/2022	Red
Action 6	MOCHA. For update - Maria who presented to PNAE in 2017 To be contacted IDO to contact Maria.	IDO	07/11/2022	Red
Action 7	Consider a statement on community Children's Nursing. IDO checked website and we do not have one. Suggestions and examples.	ALL	07/11/2022	Red
Action 8	Collate information on each countries healthcare systems. Template attached.	All	07/11/2022	Red
Action 9	PNAE meeting presentations: Katrin de Winter to send all Power Points and photos to IDO please.	KdW	07/11/2022	Red
Action 10	Additional - PNAE meeting 27/09/2023 followed by PNAE Rome Congress 2023, 28 and 29 th September. Suggestions for the date of hospital visit. Choices are the 26 th , or on the morning of the 28 th or the morning of the 30 th . Deadline for abstract submissions is January 10 th , 2023.	All All	10/01/2023	Red
Action 11	We need suggestions for keynote speakers and presentations urgently.	All	07/11/2022	Red

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Action 12	Suggestions for topics for the PNAE conference. See table of suggestions at the end of the Action Grid actions.	All	07/11/2022	Red
Action 13	Proposals for Title of PNAE Congress Children's Healthcare in a Changing World (will provide a definition of 'children'). Paediatrics without borders. Children's Nursing and Healthcare, without borders in a changing world. Children's Healthcare beyond frontiers in a Changing World. Frontiers in Children's Healthcare in a Changing World. Children's healthcare without frontiers in a changing world. Borderless pediatric nursing in a changing world. Any others?	All	07/11/2022	Red

NOTE: Documents circulated with a request for comment and agreement: If no response is received it will be assumed by default that there is agreement.

Please update details if applicable

All countries to check their details on the online Contact document <https://pnae.eu/> and send any corrections to Jean jean.davies@bangor.ac.uk and Immacolata immacolata.dalloglio@opbg.net

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Membership Information

Country	
Association	
Website	
Contact name	
Contact title	
Contact email address	
Contact telephone	

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